



Jul-23	H/CAP	ACTUAL	+/-	Pos	PIONTS
NAME	TIME	TIME	H/CAP		
Cassie Brown	0:57:31	0:54:24	#####	1st	50
Alan Cook	0:37:24	0:35:19	#####	2nd	48
Lucy Burnett	0:37:53	0:36:01	#####	3rd	46
Craig Skeoch	0:36:05	0:35:40	#####	4th	45
Brian Richardson	0:41:15	0:40:56	#####	5th	44
John Donnelly	0:28:03	0:27:50	#####	6th	43
Dan Wilkins	0:35:39	0:35:56	0:00:17	7th	42
Graham Marshall	0:29:32	0:29:53	0:00:21	8th	41
Colin Stephenson	0:34:01	0:34:39	0:00:38	9th	40
Peter Fox	0:39:05	0:40:16	0:01:11	10th	39
Phil Easton	0:37:17	0:38:38	0:01:21	11th	38
Lynn Wake	00:46:35	00:48:40	0:02:05	12th	37
Liam Taylor	00:33:14	00:36:20	0:03:06	13th	36
Mark Charlton	00:30:30	00:34:53	0:04:23	14th	35
Kate Bidwell	00:43:30	00:49:41	0:06:11	15th	34
Sharon Barton	00:46:52	00:54:08	0:07:16	16th	33
Qualifiers					
Antonio Ribeiro		00:35:39			
Hannah Seddon		00:48:29			
Peter Tiplady		00:54:10			